



CJSS Newsletter for 2016/2017 Sailing Season

Registration and Open Morning

This season we will be having a registration - open morning on Saturday morning, 24th September between 9.30 and 12.00 am at the boatshed near the boat ramp at Callala Bay.

Having this morning allows us to get an idea of the number of children, parents and volunteers we are likely to have this year and therefore be able to plan our resources accordingly.

If you have friends or family that have expressed an interest in learning how to sail, bring them along as we will have some of the boats on display and depending on the weather, on the water.

So please print off and complete the attached membership application form and bring it along with your fees.

We will start the season for 'proper' on Saturday 8th October when sailing will begin in earnest with an 8.30 start and 11.30 - 12.00 finish.

Membership

The standard membership is now based on a family unit, with the parent / guardian or adult over 18 being the member and includes one junior.

Additional juniors will be included within the family membership.

As always, parents are encouraged to help out with the setting up and packing up of the training dinghies and

assisting in the launching and recovery of the safety boats.

Each membership will be required to assist in the running of the sessions either in an 'on water' or shore based support role.

Sail Training

Depending on numbers, we are intending to continue our formal method of training using up to three groups, beginners, those able to handle a dinghy and those who are nearly at the stage of being able to race. This will allow more targeted training using smaller groups and should get everyone sailing sooner and more safely.

When the students have achieved certain skill levels, there will be opportunities to try racing (under supervision of our staff) in conjunction with Jervis Bay Sailing Club in their normal Saturday afternoon races.

Volunteers

In line with current NSW Government regulations, all persons involved in the formal training must have a "Working with children " clearance prior to undertaking any role. So if you would like to help, please complete and lodge a 'working with children form' online by visiting <http://wwccheck.ccyp.nsw.gov.au/Applicants/Application> and then going to the RMS office to get an identity verification. Once this has been done please bring the application Number or clearance letter with you as the school has to have them recorded. _

Personal Safety

- Minimum age of Junior Sailors is 7 Years old, though it is expected that the child should be comfortable wearing a life jacket and be able to float in a relaxed manner out of their depth.

- All junior sailors are to sign on & sign off every week on the sheet provided. This is to ensure that everyone is off the water safely.
- All junior sailors or parents helping should wear covered footwear.
- All sailors and/or helpers on rescue boats are required to wear lifejackets. This is a CJSS compulsory rule.
- Sailors and helpers are recommended to wear sunscreen, sun hats and long sleeved shirts to protect you from sunrays.
- Coaches will decide on weather conditions on the day. If deemed unsafe all or some of the water activities may be cancelled .If this occurs off the water activities will take place. e.g. Theory &/or games.

Conduct

- All sailors/parents/helpers are required to treat all members/ coaches with respect. Remember these people are volunteering their time to teach others. Treat others how you would like to be treated yourself.
- All Sailors/Parents/Helpers are expected to look after boats and equipment on and off the water .The School provides good reliable equipment and would like to keep it that way.
- Junior sailors are expected to wash and pack away boats and equipment upon completion of sailing every week.
- Those who choose to use their own boats MUST adhere to the training as directed by the coaches and have a public liability insurance cover on their craft.

Further Information

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